

From the President...

The welcome news has recently been announced that several vaccines are close to release for community use with their potential to dramatically affect the course of this pandemic. The previous eight months or so have been reminiscent of the time when Pandora opened her jar to release all manner of *'sorrows and diseases previously unknown among men into the earth, only hope remained in the jar to be some kind of consolation'**.

However, there are still the winter months to negotiate before the light at the end of the tunnel is reached and, no doubt, there will be many questions and outcome measures regarding the performance of these novel vaccines as they are rolled out within the population.

This year has very much been a journey into the unknown inducing the pain and yearning of nostalgia for pre-pandemic times. However, needs must, and with creative skills and can-do attitudes dental teams have moved on and risen to the challenge to ensure clinical care, including the use of conscious sedation techniques, has continued to be delivered.

It has been a frustrating time for SAAD, as difficult decisions to cancel both the June and November National Courses were taken; stringent conditions demanded at the venues set down by the host organisation would have made the running these events impractical. The Training Board continues to review the evolving situation and considers how best to proceed with our programme of educational activity.

For similar reasons, the Annual Symposium was postponed for twelve months; fortunately, the speakers have agreed to present their lectures next year so the original programme will be delivered.

SAAD's traditional face-to-face meetings have been transacted virtually, so essential management and business matters have continued as well as enabling some form of social interaction to occur. The full programme of Trustees Board meetings have been held; a time limit of about ninety minutes has proved optimal to maintain focus, whilst getting through the agenda with adequate opportunity for discussion and debate. Similarly, the Training Board, Editorial Board and SAAD Safe Sedation Practice Scheme committee have met thus ensuring core functions continue.

SAAD continues to be an outward-facing organisation contributing to various external bodies; Leah Adams (SAAD Trustee), our representative on the Dental Sedation Teachers' Group (DSTG), reported on our activities at the virtual November meeting.



Steve Jones
SAAD President

In mid-October SAAD attended, for the first time, the Faculty of Dental Surgeons Royal College of Surgeons of England, Senate of Dental Specialties; it was interesting to be informed of how the various dental organisations and specialist groups are responding to the pandemic and what changes they are introducing to better deliver their services.

SAAD has two representatives on the IACSD Committee, as well as Sadie Hughes, SAAD President-elect who attends as Chair of the Sedation Training Advisory Committee (STAC); meetings are customarily held in March and November.

In the Summer Newsletter it was reported that agreement with Leeds Dental School had been reached to extend the period for the SAAD-funded PhD research student to complete the project as it had not been possible for clinical cases to be recruited. It was reported that there would not be any financial impact to SAAD; however, due to the continuing circumstances of the pandemic the supervisory team at Leeds recently made contact to ask if we would consider additional funding in support of the PhD studentship. This matter was discussed at the September Trustees meeting at which it was unanimously agreed to provide this support.

* Marsh, J. (2014). Dictionary of Classical Mythology. P. 368. Oxbow Books

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A link up with the Royal College of Surgeons (Edinburgh) resulted in a webinar, screened in October, that discussed how COVID-19 had affected the delivery of dental conscious sedation. Our four panellists – Prabhleen Anand, Sadie Hughes, Paul Howlett and Dave Pearson – discussed this topic from their differing work-based perspectives and fielded questions that were compiled during the event by Zahra Shehabi. This was another first for SAAD; over 500 attendees logged on for this one-hour event, an overwhelming response! The recorded event has been placed on our website and has been viewed online by members as far away as Australia. It is intended to hold further webinars to complement the delivery of SAAD's educational packages.

In another recent joint project with the Royal College of Surgeons (England) SAAD Trustees agreed to contribute to a pump-priming grant of up to £10,000 to support research related to conscious sedation in dentistry that will be of benefit to community or population oral health; further information, including the application closing date, may be found on the RCS (Eng) website.

<https://www.rcseng.ac.uk/dental-faculties/fds/research/fds-pump-priming-grants/#fdssaad>

Discussions amongst the Trustees continue about the best ways to negotiate this difficult period and implement resultant changes so core business may be delivered – it continues to be a busy time.

Undoubtedly one and all will have felt the strain since March, so hopefully next year will herald a renaissance leading to brighter prospects and a more relaxed atmosphere – and let's hope we will meet up 'for real' at a SAAD event.

With all best wishes for 2021.



Life Support Training Delays

On 24th November 2020 a joint statement relating to Basic Life Support (BLS) and Immediate Life Support (ILS) training for dental professionals was published by the Care Quality Commission and General Dental Council. This was in response to concerns that COVID-19 social distancing rules are making access to accredited training difficult or impossible.

Currently, the Resuscitation Council (UK) recommends that cardiopulmonary resuscitation training for dental teams is updated at least annually. Training is still available in most areas and SAAD recommends all dental professionals make every effort to attend a BLS/ILS/PILS course in a timely manner. However, if training is unavailable or delayed due to current COVID-19 restrictions, appropriate alternative provisions, in accordance with recommendations in the links below, should be made and evidence recorded.

Alternatives might include:

- E-learning
- Self-directed study
- Team-based scenario training in the clinical environment

Web links:

<https://www.gdc-uk.org/news-blogs/news/detail/2020/11/24/life-support-training-for-dentists-joint-statement-from-cqc-and-general-dental-council>

[Life support training for dental professionals: joint statement from Care Quality Commission and General Dental Council | Care Quality Commission \(cqc.org.uk\)](#)

[Quality Standards: Primary dental care | Resuscitation Council UK](#)

Save the dates!



Three SAAD webinars for 2021

Procedural Conscious Sedation (PCS) for medical specialties

David Craig

Thursday 21 January 7pm

ILS update

Anthony McKay

Thursday 28 January 7pm

Sedation in a pandemic

Paul Howlett

Thursday 4 February 7pm

£30 per webinar or £75 for all three

SAAD members pay £25 per webinar or £60 for all three

(Make sure you are logged on to the SAAD website for the discount to be applied automatically)

REGISTRATION IS OPEN NOW!

Further details to follow in the New Year

www.saad.org.uk

Letter from the Treasurer

Kellie Downie
SAAD Honorary Treasurer



Kellie Downie
SAAD Honorary Treasurer

2020 has clearly presented many challenges and as I finalise and present the 2019 accounts to our membership, I have never felt more inspired by how my SAAD colleagues have risen to this challenge. Our committees have worked tirelessly adapting and developing processes to continue in the SAAD spirit to promote sedation and the charities activities. Meetings via teams, online-teaching and developing new online CPD courses to continue to provide sedation training for members and non-members.

I would like to thank the members of all three boards for their hard work, which undoubtedly continues to support SAAD to deliver the quality and robust training for which it is so well known. The delivery of educational courses is year-on-year SAAD's main source of income, 2019 being no different. SAAD is as ever grateful to Dr. Carole Boyle, Course Director, Assistant Course Director, Emma Lee and the Faculty for their tireless commitment to this cause. SAAD is also grateful for their sheer grit and determination to provide courses during the pandemic and their determination to develop courses for the future safely, their work has been truly inspirational.

Membership is healthy; the lists are kept accurate and up-to-date thanks to the painstaking effort of the Communications Secretary, Paul Howlett and Fiona Trimmingham, Executive Secretary, which is much appreciated.

During year 2019, both income and expenditure increased - SAAD is in a healthy financial position.

These resources are allowing SAAD to continue to support a three-year PhD research project and other sedation-related activities. It is pleasing to report that another inhalational sedation machine was purchased during the year to support the IHS Loan Scheme. Furthermore, our courses have been enhanced by investment in a capnograph.

Thanks are due to Fiona, who amongst many other tasks, compiles lists of movements of funds and tracks payments to be made.

Thank you also to the other executive board members who have been incredibly busy supporting SAAD during COVID 19.

In conclusion, the financial position at the end of year 2019 was, thankfully, again satisfactory and I do hope throughout this trying time it remains to be so!

Save the date....

**Saturday 25th
September 2021**

**Thinking
Outside
the
Box**

**SAAD Annual Symposium &
AGM**

**The Royal Society of Medicine
London**

SAAD Membership

Membership of SAAD is open to any registered dental or medical practitioner or DCP whether based in the UK or abroad.

Undergraduate student membership of SAAD is free for dental and medical undergraduates registered at a university in the UK or Ireland.

Annual subscription rates:

£40 - UK dental / medical professionals
£25 - UK dental care professionals

£43 - non UK resident dental / medical professionals
£28 - non UK resident dental care professionals



SAAD 2021 Symposium

Thinking outside the box

Saturday 25th September 2021

The Royal Society of Medicine
1, Wimpole Street, London

08:30 Registration and Refreshments

09:30 Presidential Welcome and Introduction

Stephen Jones

Morning Session

09:35 Sedating the older patient - what should we be doing differently?

Mili Doshi

10:20 Domiciliary Anaesthesia - just a dream?

Rebecca Mawer

11:00 Break

11:30 New drugs on the block - Dexmedetomidine

Neena Seth

12.10 New drugs on the block - Remimazolam

Bryan Kerr

12:40 SAAD Prizes and Announcements

12:50 SAAD AGM & Lunch

Afternoon Session

14:00 CQC - is your practice inspection ready?
Your conflicts and concerns answered

To be confirmed

14:30 The enjoyable dentistry technique

Bashar Al-Naher

15:00 Sedation and the obesity pandemic

Damien Reilly

15:30 SAAD responds to the challenges of the 20's

Carole Boyle

15:45 SAAD PhD update

Marija Borisovaite

16:00 How was it for you? The trainer-trainee experience

Caroline Frolander
& Sunny Sharma

16:30 Close

Stephen Jones

SAAD reserves the right to make adjustments to this programme.

David Phillips

SAAD is saddened to announce the news that David Phillips, a Past President of SAAD, passed away unexpectedly earlier this year. David was President of SAAD from 1997 – 2000.

How to contact SAAD

General enquiries...

info@saad.org.uk

Executive Secretary & Website...

fiona@saad.org.uk

Course enquiries...

Course registration, payments, deferrals & cancellations
Hygienist & therapist logbooks
SAS, SASN & SAST schemes

Fiona Trimmingham
fiona@saad.org.uk
01302 846 149

Course weekend logistics

Toni Richman
toni@saad.org.uk
07583 039 309 (text)

SAAD Assessed Sedation Nurse scheme

Emma Lee
emma@saad.org.uk

Safe Sedation Practice Scheme Evaluations...

fiona@saad.org.uk

01302 846 149

SAAD Online CPD

There are currently eight hours of sedation CPD available on the SAAD website

Access is complimentary for SAAD members

Make sure that you complete all of the sections and download your CPD certificate before 31st December!

The questions will be replaced in January with ones relating to the 2021 SAAD Digest

Keeping Up to Date with SAAD on Social Media Facebook, Twitter & Instagram

SAAD has a Facebook page, Twitter feed
and an Instagram page!



[@SAADDental](#)



[@saaduk](#)



[@SAADdentistry](#)

SAAD Prizes

SAAD awards three annual prizes

Two for essays on any subject related to conscious sedation, anxiety control, general anaesthesia or analgesia in dentistry.

**Drummond-Jackson
Essay Prize
£750**

**Dental Student
Essay Prize
£500**

One for a report from a DCP either a sedation related case report or a sedation service evaluation report. A template is available from the SAAD website.

**DCP
Report Prize
£500**

Submission deadline 31st March 2021

Further details are at www.saad.org.uk



SAAD Notice Board



SAAD Training

SAAD has been running courses for over forty years. The courses are hugely successful due to the combination of skills and knowledge of a faculty of medical and dental disciplines. Above all SAAD teaches safe and sensible procedures based on science independent of the emotional politics so often associated with these subjects. SAAD courses are practical, rewarding, and fun!

- * *National Course in Conscious Sedation for Dentists, Dental Nurses, Hygienists and Therapists*
- * *SAAD Assessed Sedationist (SAS) scheme*
- * *SAAD Assessed Sedation Nurse (SASN) scheme*
- * *SAAD Assessed Sedation Therapist (SAST) scheme*

Course dates:

13 & 14 March 2021
12 & 13 June 2021
6 & 7 November 2021

[Online registration](#)

Research Grants

Grants are available to aid research in pain and anxiety control in dentistry. [Further details.](#)

Subscriptions

For many members their subscription will be due for renewal in January. It is possible to renew online by setting up a direct debit. This is the most cost effective method for the Society to collect subscriptions. To renew please go to www.saad.org.uk and log on using your email address as your username.

Online CPD

There are eight hours of sedation CPD available online from the SAAD website. This is complimentary to members and costs £10 for non members. Simply log on as a member, set yourself a username and password for the CPD section, answer the multiple choice questions relating to the latest volume of the Digest and download your certificate!

Online Advert Board

SAAD members are able to post adverts relating to sedation on the SAAD website free of charge. Adverts for situations vacant, equipment etc. will be acceptable. Either log on and place the advert or contact [Fiona](#).

IS Machine Loan Scheme

A scheme for practitioners to trial inhalational sedation in the practice setting is facilitated by SAAD. A six-month loan (at no charge) of an inhalational sedation machine is available to members who have attended a recent SAAD Course.

There will be the option to purchase at a discounted rate at the end of the trial. [Application form.](#)

SAAD Essay Prizes

SAAD offers three essay prizes. The closing date for submissions is 31 March 2021. [Further details](#) are at www.saad.org.uk.

Dental Students - £500

DCPs - £500

Drummond-Jackson Prize - £750

Practice Evaluations

Have your Practice evaluated in accordance with the [SAAD Safe Sedation Practice Scheme: A Quality Assurance Programme for implementing National Standards in Conscious Sedation for Dentistry in the UK](#). For further details and how to arrange an evaluation are on the [SAAD website](#), or please contact fiona@saad.org.uk.

dstg

**Educating
the
Next Generation
of
Dental Sedationists**

18 May 2021

Manchester

www.dstg.co.uk



Association of
Dental Anaesthetists

Online Scientific Meeting

30 April 2021

www.dentalanaesthesia.org.uk



Spring Conference

The safe management of dental patients with respiratory disease

6 & 7 May 2021

London

Winter Conference

3 December 2021

London

www.bsodh.org



Diary Scan

Compiled by Dr C E Mercer

2021					Further events are listed on the SAAD website
January					
	21	SAAD	Procedural Conscious Sedation (PCS) for medical specialties	Webinar	https://www.saad.org.uk
	28	SAAD	ILS update	Webinar	https://www.saad.org.uk
February					
	4	SAAD	Sedation in a pandemic	Webinar	https://www.saad.org.uk
March					
	13-14	SAAD	National Course in Conscious Sedation for Dentistry	London	http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses
	22	SEA (UK)	Annual Scientific Meeting	Online	https://www.seauk.org
April					
	8-10	ASDA	Annual Session	Florida	https://www.adsahome.org/annual1
	30	ADA	Virtual Conference	Online	http://dentalanaesthesia.org.uk/
May					
	6 & 7	BSDH	Spring Conference	London	https://www.bsdh.org
	17	DSTG	Educating the Next Generation of Dental Sedationists	Manchester	http://www.DSTG.co.uk
June					
	2-4	GAT	Trainee Conference	Newcastle	http://www.gatasm.org/
	12-13	SAAD	National Course in Conscious Sedation for Dentistry	London	http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses
September					
	22-24	AAGBI	Annual Congress	Liverpool	https://anaesthetists.org
	25	SAAD	SAAD Annual Symposium	London	https://www.saad.org.uk
October					
	9-13	ASA	Annual Congress	San Diego	https://www.asahq.org/annualmeeting
November					
	6-7	SAAD	National Course in Conscious Sedation for Dentistry	London	http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses
December					
	3	BSDH	BSDH Winter Conference	London	https://www.bsdh.org

If you would like to receive email notifications of new, and upcoming events please [join the mailing list](#).





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[@saaduk](#)



[@SAADdentistry](#)



The SAAD Digest is published annually in January, and the SAAD eNewsletter bi-annually in Summer and Winter by SAAD (Society for the Advancement of Anaesthesia in Dentistry).

The opinions expressed in this Newsletter and previous SAAD Digests and Newsletters are those of the authors and are not necessarily those of the Editorial Board nor of the SAAD Board of Trustees.

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SAAD: dedicated to the advancement of knowledge in pain and anxiety control for dentistry