

## From the President...

How the world has altered since the Autumn Newsletter was published; our professional, personal and emotional lives have been affected in unimaginable ways as the current pandemic has swept through the nation.

The restrictions of lock down have produced significant changes in every aspect of a taken-for-granted way of life; SAAD has not been immune to these measures which have required some difficult decisions to be made regarding our programme of educational activities. I have been fortunate to be able to call upon the expertise of fellow Trustees during this time of uncertainty, for which I am grateful.

The decision to hold the March National Course at Queen Mary, University of London was taken the Thursday before the event as, further to Government advice, there was no ban on large gatherings at that point. Course attendance was good with many positive expressions for staging the event received in the post-course feedback.

This was the first National Course led by Carole Boyle as Course Director, under such circumstances it was a true baptism of fire. Several modifications were made to the arrangements including the use of larger lecture rooms and the availability of

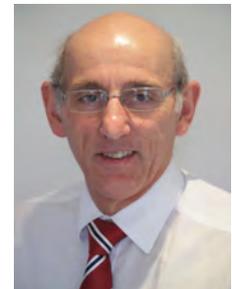
hand sanitiser. The availability of the online delegate pack was greatly appreciated by participants.

The decision to cancel the June National Course was made soon after the 'lock down' restrictions set out by the Prime Minister on 23 March, were announced.

Arrangements to hold the Symposium in September at the Royal Society of Medicine (RSM) in London were in place for another interesting and varied programme. However, revised guidance announced by the RSM on 30 June relating to social distancing and other critical factors would have had a disproportionate and deleterious impact on the proceedings. Consequently the Trustees regrettably took the decision to postpone the Symposium until September 2021. A great disappointment to us all; thanks to Leah Adams and Zahra Shehabi for putting together such an excellent programme.

SAAD has agreed to extend the period for the SAAD-funded PhD research student to complete the project as, at the moment, it is not possible for clinical cases to be recruited; this agreement with Leeds Dental School will not impact financially on SAAD.

Since the cessation of routine dentistry numerous reports have appeared in national media outlets of patients



Steve Jones  
SAAD President

resorting to 'do-it-yourself' dentistry because of the difficulties accessing dental emergency services. In the absence of general anaesthetic provision for dental extractions, local anaesthetic (LA) alone or LA in combination with inhalation sedation to reduce anxiety and to manage the unco-operative patient is being used. Anecdotal reports, particularly from referral clinics where child patients are being treated for toothache and related infections, are raising concerns that whilst the immediate problem may be resolved the possibility of creating additional cohorts of dentally anxious and phobic patients in the long term is possible. This observation might prove to be a worthwhile research project and the demand for sedation provision may well increase.

*Continued on page 2*

## SAAD Annual Symposium & AGM

# THINKING OUTSIDE THE BOX

Royal Society of Medicine, London

Saturday 25 September 2021

[www.saad.org.uk](http://www.saad.org.uk)

*Sign up for updates!*

Inside	
From the President	1
SAAD Noticeboard	2
Symposium 2021	3
SAAD News	5
SAAD Trustees	6
How to contact SAAD	7
The SAAD Digest	8
Diary Scan	9
SAAD Social Media	10

The author of a recent article in the British Dental Journal (Br Dent J 2020; **228**: 675-677), "*The courtesy title 'Doctor' 25 years on – the story*", is Douglas Pike who is a Life Member of SAAD, a former Trustee, and Honorary Secretary from 1998 to 2004. Douglas led an arduous campaign against the '*seemingly insurmountable barrier*' of the Dentists Act 1984 and the General Dental Council that resulted in the removal of the threat of a possible charge of serious professional conduct if a dentist used that title.

SAAD has recently been admitted as an associate member of the Senate of Dental Specialties, an Intercollegiate

Committee governed by the Joint Meeting of the Dental Faculties (JMDF). Our application was supported by both the Senate and JMDF who agreed that SAAD's role is relevant to the multiple specialties. Unfortunately, the Senate meeting, scheduled for 18 March, has been postponed for the time being.

The Trustees meeting scheduled for 1 May was held using the Zoom platform - a first for SAAD. This new way of working enabled compliance with the requirement to '*stay at home*' and reflected SAAD's desire to adopt and utilise new technologies, which is an ongoing

discussion and debate amongst the Trustees.

The upheaval caused by the pandemic has resulted in additional 'backroom' administration work being carried out uncomplainingly and cheerfully by Trustees and Fiona, Executive Secretary, alike – many thanks to you all for your hard work which is much appreciated.

As the situation evolves the *modus operandi* is to remain balanced, maintain a steady course and to be pragmatic. Please take care and look after yourselves. 



## SAAD Noticeboard



### Subscriptions

It is possible to renew your subscription by setting up a direct debit. This is the most cost effective method for the Society to collect subscriptions. To set up a direct debit please email [fiona@saad.org.uk](mailto:fiona@saad.org.uk) for the link.

### Online CPD

There are seven hours of sedation CPD available online from the SAAD website. This is complimentary to members and costs £10 for non members. Simply log on as a member, set yourself a username and password for the CPD section, answer the multiple choice questions relating to the latest volume of the Digest and download your certificate!

### SAAD Prizes

SAAD offers three essay prizes.

*Dental Students - £500*

*DCPs - £500*

*Drummond-Jackson Prize - £750*

The closing date for submissions is 31 March 2021. [Further details](#) are at [www.saad.org.uk](http://www.saad.org.uk).

### Inhalation Sedation Course for Hygienists and Therapists (SAST scheme)

6 & 7 November 2021

Further details at [www.saad.org.uk](http://www.saad.org.uk)

### SAAD Training

- \* *National Course in Conscious Sedation for Dentists & Dental Nurses*
- \* *SAAD Assessed Sedationist (SAS) scheme*
- \* *SAAD Assessed Sedation Nurse (SASN) scheme*
- \* *SAAD Assessed Sedation Therapist (SAST) scheme*

SAAD has been running courses for over forty years. The courses are hugely successful due to the combination of skills and knowledge of a faculty of medical and dental disciplines. Above all SAAD teaches safe and sensible procedures based on science independent of the emotional politics so often associated with these subjects. SAAD courses are practical, rewarding, and fun!

[Online registration](#)

### Course dates:

2020

7 & 8 November

2021

13 & 14 March

12 & 14 June

6 & 7 November

### Online Advert Board

SAAD members are able to post adverts relating to sedation on the SAAD website free of charge. Adverts for situations vacant or equipment will be acceptable. Either log on and place the advert, or contact [Fiona](#).

### IS Machine Loan Scheme

A scheme for practitioners to trial inhalation sedation in the practice setting is facilitated by SAAD. A six-month loan (at no charge) of an inhalation sedation machine is available to members who have attended a recent SAAD Course. There will be the option to purchase at a discounted rate at the end of the trial. [Application form](#).

### Research Grants

Grants are available to aid research in pain and anxiety control in dentistry. [Further details](#).

### SAAD Safe Sedation Practice Scheme

Have your practice evaluated in accordance with the [SAAD Safe Sedation Practice Scheme: A Quality Assurance Programme for implementing National Standards in Conscious Sedation for Dentistry in the UK](#). For further details or to arrange an evaluation please contact [fiona@saad.org.uk](mailto:fiona@saad.org.uk).



**SAAD 2021 Symposium**  
**THINKING OUTSIDE THE BOX**  
**Saturday 25th September 2021**  
**The Royal Society of Medicine, London**

Unfortunately we have to announce that this year's SAAD Symposium has been postponed to 25 September 2021. Restrictions at the venue, in place to comply with Government requirements, meant that it was not feasible to go ahead as planned.

Leah Adams and Zahra Shehabi have organised a diverse programme – definitely thinking outside of the box – and we look forward to seeing you at the RSM in 2021!

**08:30 Registration and Refreshments**

09:30 Presidential Welcome and Introduction Stephen Jones

*Morning Session*

09:35 Sedating the older patient - what should we be doing differently? Mili Doshi

10:20 Domiciliary Anaesthesia - just a dream? Rebecca Mawer

**11:00 Break**

11:30 New drugs on the block - Dexmedetomidine Neena Seth

12.10 New drugs on the block - Remimazolam Bryan Kerr

12:40 SAAD Prizes and Announcements

**12:50 SAAD AGM & Lunch**

*Afternoon Session*

14:00 CQC - is your practice inspection ready?  
Your conflicts and concerns answered *To be confirmed*

14:30 The enjoyable dentistry technique Bashar Al-Naher

15:00 Sedation and the obesity pandemic Damien Reilly

15:30 SAAD responds to the challenges of the 20's Carole Boyle

15:45 SAAD PhD update Marija Borisovaite

16:00 How was it for you? The trainer-trainee experience Caroline Frolander  
& Sunny Sharma

16:30 Close Stephen Jones

*SAAD reserves the right to make adjustments to this programme.*

### Sedating the older patient – what should we be doing differently?

Mili Doshi

Consultant in Special Care Dentistry

- \* Background- NHS long term plan, epidemiology, commissioning
- \* Medical and social challenges of the older population
- \* Sedation techniques
- \* Cases

### Domiciliary Anaesthesia – Just a Dream?

Rebecca Mawer

Consultant Anaesthetist, Lead for Additional Needs Anaesthesia  
Royal Cornwall NHS Trust

- \* Rationale for domiciliary sedation
- \* Techniques used
- \* Risk assessment
- \* Challenges
- \* Case selection using examples

### New Drugs on the Block:

#### Dexmedetomidine & Remimazolam

#### Dexmedetomidine

Neena Seth

Consultant Anaesthetist

- \* Dexmedetomidine pharmacology including side effects
- \* Advantages and disadvantages over midazolam
- \* Uses in medicine and how we can extrapolate these to an outpatient setting
- \* Examples with the use of cases

### Remimazolam

Bryan Kerr

Consultant Special Care Dentistry

- \* Update on clinical trials

### CQC- is your sedation practice inspection ready?

#### Your conflicts and concerns answered

Speaker to be confirmed

- \* Latest updates from the CQC including the aim of recent survey circulated
- \* What the CQC are looking for when they inspect- e.g drug handling, policies, incident reporting

### ‘The enjoyable dentistry technique’ Combining guided meditation with inhalation sedation

Dr Bashar Al-Naher

General Dental Practitioner

- \* What it is
- \* Any data/evidence to show its effectiveness
- \* Cases

### Sedation and the Obesity pandemic

Damien Reilly

Consultant Special Care Dentistry

- \* Epidemiology and current health policy
- \* Medical and dental implications of obesity
- \* Risk assessment
- \* Sedation techniques including case examples

### SAAD responds to the challenges of the 20's

Carole Boyle

Consultant Special Care Dentistry,  
SAAD Course Director

- \* SAAD courses
- \* SAS and SASN schemes

### SAAD PhD update

Marija Borisovaite

PhD Student, Leeds

Update on the SAAD funded research project: ‘The short and long-term effects of nitrous oxide/oxygen sedation as compared with general anaesthesia on children’s future level of dental anxiety and acceptance of dental treatment’

### How was it for you? The trainer - trainee experience

Caroline Frolander

Consultant in Special Care Dentistry  
Sunny Sharma

StR in Special Care Dentistry

- \* Alternative teaching and supervision pathways
- \* Challenges of accessing training
- \* Advantages of having a mentor
- \* Reflections



## Keeping Up to Date with Social Media Facebook, Twitter & Instagram

SAAD has a Facebook page, Twitter feed and now an Instagram page!



[@SAADDental](https://www.facebook.com/SAADDental)



[@saaduk](https://twitter.com/saaduk)



[@SAADdentistry](https://www.instagram.com/SAADdentistry)



## SAAD News



### Some sad news from Australia

It is with great sadness that we (ASDA) announce the passing of Professor Doug Stewart. Doug died following a massive heart attack on the afternoon of Friday 22<sup>nd</sup> May 2020 with his daughters by his side and jazz music playing in the background.

Typical Doug... going out in style. He will be missed by friends and colleagues both here and abroad. For almost 40 years Doug was at the forefront of dental sedation education and training through his association with SAAD, ASDA and the University of Sydney. On his return from the UK in 1996, he took up a post at the University of Sydney as Director of the Conscious Sedation and Pain Control program.

Throughout his career Doug's passion was patient safety. His enthusiasm and drive led to increased recognition of conscious sedation as a safe modality of treatment in Australia. Through Doug, dental sedation has led in establishing guidelines and protocols which have been recognised by our health colleagues. Doug was a life member of ASDA, a recipient of the Belisario Award, the highest honour awarded by the society, and served as ASDA Secretary for 16 years.

Internationally, Doug was on IFDAS council for 20 years, including President and chair of the education committee. In retirement, Doug continued to mentor colleagues and provide courses in medical emergencies in the dental surgery.

Most of all, we will miss Doug, a great and loyal friend who could be relied on to put a smile on your face. I and others will cherish those good times together.

*Greg Mahoney*  
President Australian Society of Dental Anaesthesiology



**Professor Doug Stewart**  
Previous Editor of the SAAD Digest  
& previous SAAD Course Organiser

The SAAD Digest is the Journal of the Society for the Advancement of

### Dr Sridharan Suresh: Coroner recommends GMC changes



**Dr Sridharan Suresh**  
Consultant Anaesthetist

The suicide of Sridharan Suresh, 50, a consultant anaesthetist at North Tees and Hartlepool Trust has recently been highlighted by the coroner following a series of 'fundamental systemic failings'. Dr Suresh had administered midazolam as part of a dental procedure for a 15 year old girl. Known possible side effects of midazolam include fantasies which may have a sexual element or unpleasant experiences. The girl accused Dr Suresh of touching her sexually and reported him to Cleveland Police.

Dr Suresh was subsequently questioned at Middlesbrough Police Station and strongly denied any such incident. During the three day inquest into Dr Suresh's death it was revealed that there were no witnesses to any such incident and the description of the assailant provided by the patient, did not match that of Dr Suresh 'at all'. The trust's medical director, Dr Dwarakanath, told the coroner that Dr Suresh was 'a highly valued colleague' but had been suspended from work, with the assurance that no GMC referral would be made.

Cleveland Police had unfortunately already made both a GMC and a social services referral. Due to a breakdown in communication however, both the Trust and Police assumed the other had informed Dr Suresh, but instead he had entered into discussions about returning to work. A fortnight later, on 2<sup>nd</sup> May 2018, Dr Suresh was preparing to leave the house in anticipation of his son arriving home from school, in accordance with the restrictions imposed by social services, when he received an email. This was the first Dr Suresh was aware of the GMC referral. The coroner's inquest heard that the GMC referral had a devastating effect. Shortly after receiving this news he took his life.

The coroner highlighted how gaps in communication left Dr Suresh vulnerable and called into question what risk assessment is carried out by the GMC prior to such communications to doctors. The coroner has written to the GMC to ensure it asks referrers whether the doctor is vulnerable and to confirm employers are informed, so they can similarly be asked. The GMC have since said they have made changes following a review of the case including changing the tone of correspondence, introducing a process to pause investigations, a specialist team to work with doctors with health concerns and training of staff in awareness of suicide prevention.

Further information of about this case and crowdfunding by his family can be found at  
<https://protectingmedicsfromtragedies.org/crowdjustice>

# SAAD Digest

Anaesthesia in Dentistry and has been published regularly since 1970. It has been produced in its current format since 2006 with one edition being published each year in January. Copies of all editions produced since then are available online.

The Digest has become a unique and invaluable international forum for all interested in advancement of knowledge in pain and anxiety control for dentistry.

## Current Issue



[SAAD Digest 2020 Vol. 36](#)

## Submission Deadlines

The submission deadline for consideration for publication in the January 2021 Digest is **30 June 2020**.

## Guidelines for Authors

The Editorial Board invites contributions from all active in the field. If you intend to submit a paper or article for consideration for the SAAD Digest please ensure that you have read and abided by the [Guidelines for Authors](#). Papers that do not comply will, unfortunately, have to be returned for revision.

## Electronic SAAD Digest

If you would prefer to receive an electronic version of the SAAD Digest rather than the printed copy, and save a few trees into the bargain, please contact [Fiona](#). As soon as the Digest is available you will receive a link to view or download the electronic version.

## Online CPD

Verifiable sedation CPD based on the refereed papers in the current edition of the SAAD Digest is available from the SAAD website. Access to the MCQs is complimentary for SAAD members. [Online CPD](#).

## Previous Editions

All editions since 2006 are available from the [SAAD website](#), or via the links below.



[SAAD Digest 2019 Vol. 35](#)



[SAAD Digest 2018 Vol. 34](#)



[SAAD Digest 2017 Vol. 33](#)



[SAAD Digest 2016 Vol. 32](#)



[SAAD Digest 2015 Vol. 31](#)



[SAAD Digest 2014 Vol. 30](#)



[SAAD Digest 2013 Vol. 29](#)



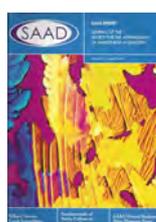
[SAAD Digest 2012 Vol. 28](#)



[SAAD Digest 2011 Vol. 27](#)



[SAAD Digest 2010 Vol. 26](#)



[SAAD Digest 2009 Vol. 25](#)



[SAAD Digest 2008 Vol. 24](#)



[SAAD Digest 2007 Vol. 23](#)



[SAAD Digest 2006 Vol. 22](#)

# The SAAD Trustees



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Board Member



## SAAD Membership

Throughout its 60 years, SAAD has been at the forefront of the postgraduate teaching of sedation and the representation of dentists who offer sedation for their patients. These activities are equally as important now, as they were then.

*SAAD is a dynamic society, and there are many benefits of membership.*

- \* SAAD Digest
- \* National Course in Conscious Sedation for Dentistry special rate
- \* Annual Symposium special rate
- \* Online CPD
- \* Newsletters
- \* IS Loan Scheme
- \* Membership Area of SAAD Website
- \* Access to the online Advert Board
- \* Experienced Advice and Support

*SAAD is an active society, well respected in the world of sedation*

- \* Representation
- \* Practice Evaluation Scheme
- \* Research grants
- \* Essay Prizes

*No other organisation offers such comprehensive activity in relation to pain and anxiety control in dentistry.*

Further details of all of these benefits are available from the SAAD website  
[www.saad.org.uk](http://www.saad.org.uk) or  
[fiona@saad.org.uk](mailto:fiona@saad.org.uk)

**JOIN SAAD HERE!**

## How to contact SAAD

### Course enquiries...

Course registration, payments, deferrals & cancellations  
Hygienist & therapist logbooks  
SAS and SASN schemes

Fiona Trimmingham  
[fiona@saad.org.uk](mailto:fiona@saad.org.uk)  
01302 846 149

SAAD Assessed Sedation Nurse (SASN) scheme

Emma Lee  
[emma@saad.org.uk](mailto:emma@saad.org.uk)

Course weekend logistics

Toni Richman  
[toni@saad.org.uk](mailto:toni@saad.org.uk)  
07583 039 309 (text)

### General enquiries...

[info@saad.org.uk](mailto:info@saad.org.uk)  
01302 846 149

### Executive Secretary & Website...

[fiona@saad.org.uk](mailto:fiona@saad.org.uk)  
01302 846 149

## SAAD Essay Prizes

Three essay prizes are available  
annually

Drummond-Jackson  
Essay Prize  
£750

Dental Student  
Essay Prize  
£500

DCP  
Report Prize  
£500

Submission deadline  
31 March 2021

Further details at  
[www.saad.org.uk](http://www.saad.org.uk)

Save the date... we'll meet again!



16 April 2021  
Study Day  
Sedation and Oral Surgery



6 & 7 May 2021  
BSDH spring conference  
[www.bsdh.org](http://www.bsdh.org)



18 May 2021  
DSTG Symposium  
[www.dstg.co.uk](http://www.dstg.co.uk)



25 September 2021  
SAAD Symposium  
[www.saad.org.uk](http://www.saad.org.uk)



3 December 2021  
BSDH winter conference  
[www.bsdh.org](http://www.bsdh.org)

**2020****Further events are listed on the SAAD website****July**

*Postponed* 8-9 GAT Trainee Conference Newcastle <http://www.gatasm.org/>

**September**

*Cancelled* 16-19 ESRA 39th Annual Congress Greece <https://esra-congress.com/>

*Cancelled* 23-25 AAGBI Annual Congress Harrogate <https://anaesthetists.org>

*Cancelled* 23-26 iADH International Congress Mexico <https://www.iadhmxico.org>

*Cancelled* 26 SAAD SAAD Annual Symposium London <http://www.saad.org.uk>

**October**

*Virtual* 3-7 ASA Annual Congress Washington <https://www.asahq.org/annualmeeting>

*Cancelled* 22-24 ESPA/IAPA Congress Porto <http://www.euroespa.com>

*Virtual* 22-24 ERC Congress Manchester <http://www.resuscitation2020.eu/en/home/>

**November**

 7-8 SAAD National Course in Conscious Sedation for Dentistry London <http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses>

*Virtual* 28-30 ESA Euroanaesthesia 2020 Barcelona <https://euroanaesthesia2020.org>

**December**

*Postponed* 4 BSDH BSDH Winter Conference London <https://www.bsdh.org>

**2021****February**

12-13 ADSA Las Vegas Meetings Las Vegas <http://www.adsahome.org/las-vegas>

**March**

 13-14 SAAD National Course in Conscious Sedation for Dentistry London <http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses>

**April**

8-10 ASDA Annual session Colorado <https://www.adsahome.org/annual1>

 16 SAAD Study Day Sedation and Oral Surgery Birmingham *Save the date!*

**May**

6-7 *tbc* BSDH BSDH Spring Conference London <https://www.bsdh.org>

18 DSTG Educating the next generation of dental sedationists Manchester <https://www.dstg.co.uk>

**June**

2-4 GAT Trainee conference Newcastle <https://anaesthetists.org/Home/Education-events/Trainee-Conference-2020>

 12-13 SAAD National Course in Conscious Sedation for Dentistry London <http://www.saad.org.uk/index.php/coursesbyrole/view-all-courses>

**September**

 25 SAAD SAAD Annual Symposium London <http://www.saad.org.uk>

**Do remember that online sedation CPD is available from the SAAD website!**

**If you would like to receive email notifications of new, and upcoming events please join the mailing list.**



## Keeping up to date with social media Facebook, Twitter & Instagram

SAAD has a Facebook page, Twitter feed and an Instagram page!



[@SAADDental](#)



[@saaduk](#)



[@SAADdentistry](#)



The SAAD Digest is published annually in January, and the SAAD eNewsletter bi-annually in Summer and Autumn by SAAD (Society for the Advancement of Anaesthesia in Dentistry).

The opinions expressed in this Newsletter and previous SAAD Digests and Newsletters are those of the authors and are not necessarily those of the Editorial Board nor of the SAAD Board of Trustees

SAAD Editorial Board, 21 Portland Place, London, W1B 1PY 01302 846149 [fiona@saad.org.uk](mailto:fiona@saad.org.uk)

*SAAD: dedicated to the advancement of knowledge in pain and anxiety control for dentistry*