It hardly seems possible that this is the last SAAD Newsletter in which I will address you as President of our Society, but my three-year term of office will be completed when the Annual General Meeting takes place during the Symposium of 22nd September. I have, of course, been aware of this retirement date since I took office in 2015, and it will be my privilege to pass across the Presidency to the President-elect and current Honorary Treasurer, Steve Jones. This adherence to the SAAD by-laws avoids the kind of undignified scramble witnessed when President Robert Mugabe was removed from office by the army in Zimbabwe in the recent past.

We are organising an interesting and relevant programme for the forthcoming Symposium, and again this year we will be asking for colleagues to submit Poster Presentations, the best of which will have prizes awarded. We are frequently hearing the term ‘fake news’ bandied about in the media, and such an item, of unknown aetiology, was reported in connection with our Diamond Jubilee Symposium last September. It was reported that a Relative Analgesia machine at the Symposium caught fire, and that the Royal Society of Medicine building had to be evacuated. For those potential delegates to this year’s symposium who might be alarmed by this report on the grounds of safety at this event, I would have to say that there was not any Relative Analgesia machine present in the building on that occasion, making such an incident impossible. For those who might find the prospect of a sedation related pyrotechnic display at this year’s symposium exciting, I have to disappoint and say that no such thing is planned.

Whilst I am very sorry to report the imminent departure of Dr Nigel Robb to a new appointment as Professor of Restorative Dentistry at Griffith University in Queensland, Australia this summer, we all congratulate him upon this appointment and wish him well for the future. Nigel has held several appointments within the Society, as a Board member, President of the Society, Teaching Faculty member and Editor of SAAD Digest and SAAD Newsletter.

However, I am delighted to allude to a very recent piece of good news, upon learning that David Craig, SAAD Course Director, a Past President of SAAD and extremely well-respected member of the dental sedation community, has been awarded an MBE in Her Majesty The Queen’s Birthday Honours List. We congratulate David on this well deserved recognition of his achievements over a long period of time.

Our Assistant Honorary Treasurer, Dr Kellie Downie, and her husband Gary, also deserve our congratulations upon the arrival of their daughter, Isla Rose, in March this year.

The currently available edition of ‘A History of SAAD’ documents the life of the Society from its foundation in 1957 until very early in the Millennium. An additional volume is being prepared, which will cover the period from the year 2000 until the Diamond Jubilee of the Society in 2017. This should be completed later this year.

It is envisaged that a Study Day, similar to those organised by the Society in conjunction with BSDH in 2016 and 2017, will take place in the early part of 2019. It will focus on the subject of Paediatric Sedation.

cont’d on page 2
I have always been concerned at the apparently ever expanding administrative empires within the NHS, and particularly where clinicians are redeployed away from clinical care, teaching or research. I recently read a proposal by the Taxpayers Alliance, to merge management bodies within the NHS to save significant sums of money. We have heard promises from Central Government of such planned reforms in the past, but as the implementation of such reforms have always been left in the hands of the very managerial strata from which the savings will be sought, they rarely come to fruition. As we know, turkeys are notoriously reluctant to vote for Christmas! However, a critical appraisal of managerial and administrative functions, with appropriate action to follow through, could yield financial dividends in an NHS environment which struggles daily to provide more clinical care within finite resources.

I will, as always, pay tribute to the many members of the SAAD Board, Training Board, Teaching Faculty and Editorial Board for their great efforts throughout the year. I must thank our Executive Secretary, Fiona Trimmingham, for all her support during my term of office, without which it would not be possible to carry out my duties.

I wish you all well for the future, and hope to meet with some of you at the SAAD Symposium on 22nd September.

Francis Collier
SAAD President

SAAD Notice Board

Subscriptions
For many members their subscription will be due for renewal in January. It is possible to renew online by setting up a direct debit. This is the most cost effective method for the Society to collect subscriptions. To renew please go to www.saad.org.uk and log on using your email address as your username.

Online CPD
There are 4 hours of sedation eCPD available online from the SAAD website. This is complimentary to members and costs £10 for non members. Simply log on as a member, set yourself a username and password for the CPD section, answer the multiple choice questions relating to the latest volume of the Digest and download your certificate!

SAAD Essay Prizes
SAAD offers three essay prizes.
Dental Students - £300
DCPs - £300
Drummond-Jackson Prize - £500
The closing date for submissions is 31 March 2019. Further details are at www.saad.org.uk.

Inhalation Sedation Course for Hygienists and Therapists (SAST scheme)
3 & 4 November 2018
Further details at www.saad.org.uk

SAAD Training
- National Course in Conscious Sedation for Dentists, Dental Nurses, Hygienists and Therapists
- SAAD Assessed Sedationist (SAS) scheme
- SAAD Assessed Sedation Nurse (SASN) scheme
- SAAD Assessed Sedation Therapist (SAST) scheme

SAAD has been running courses for over forty years. The courses are hugely successful due to the combination of skills and knowledge of a faculty of medical and dental disciplines. Above all SAAD teaches safe and sensible procedures based on science independent of the emotional politics so often associated with these subjects. SAAD courses are practical, rewarding, and fun!

Online registration
Course dates:
3 & 4 November 2018
2 & 3 March 2019
15 & 16 June 2019
2 & 3 November 2019

Online Advert Board
SAAD members are able to post adverts relating to sedation on the SAAD website free of charge. Adverts for situations vacant, equipment etc will be acceptable. Either log on and place the advert, or contact Fiona.

IS Machine Loan Scheme
A scheme for practitioners to trial inhalational sedation in the practice setting is facilitated by SAAD. A six-month loan (at no charge) of an inhalational sedation machine is available to members who have attended a recent SAAD Course. There will be the option to purchase at a discounted rate at the end of the trial. Application form.

Research Grants
Grants are available to aid research in pain and anxiety control in dentistry. Further details.

SAAD Safe Sedation Practice Scheme
Have your Practice evaluated in accordance with the SAAD Safe Sedation Practice Scheme: A Quality Assurance Programme for implementing National Standards in Conscious Sedation for Dentistry in the UK. For further details or to arrange an evaluation please contact fiona@saad.org.uk.
MBEs for SAAD members!

MBEs for two SAAD members were announced in the Queen's Birthday Honours. SAAD's Course Director, David Craig, was awarded an MBE for his services to Dental Patients. SAAD member Mili Doshi was awarded her MBE for services to NHS dentistry. Congratulations!

New arrival

More good news to report this year with the arrival of SAAD Trustee, and Assistant Honorary Treasurer, Kellie Downie's baby, Isla Rose. Best wishes to Kellie and husband Gary, and a warm welcome to Isla.

Keeping Up to Date with Social Media

Facebook, Twitter & Instagram

SAAD has a Facebook page, Twitter feed and now an Instagram page!
There were many varied and thought provoking comments and suggestions on how SAAD can continue to provide high quality services for its members. We have started using the feedback to make a difference. Here are some of the changes that are afoot:

**More regional courses**

*You said:* Many respondents requested SAAD courses more regionally. The majority of these requests suggested a move towards the North of England.

*We did:* Whilst it is not logistically feasible to run the SAAD National Course around the country, we are looking into arranging the annual 2019 SAAD Symposium further north.

**Online and distance learning**

*You said:* There have been some requests for more online and distance learning.

*We did:* We provide online verifiable CPD for all members by logging into the Members’ area of the SAAD website. The SAAD Training Board will also consider further ways SAAD can offer online sedation CPD. Watch this space!

**Update and refresher days for experienced practitioners**

*You said:* Feedback requested refresher days on specific topics and courses for experienced sedation providers.

*We did:* Buoyed by your requests and feedback from our successful study days on General Anaesthesia for Special Care and Sedation for Special Care, we are now organising a further study day on a new topic. Save the Date now! On Saturday 23rd March 2019, we are hosting a study day on Sedation and Anxiety Management in Paediatric Dentistry.

More results of the survey will be published in the Digest. In the meantime, thank you to all members who responded, as your feedback will continue to help us improve what we provide.
Patients present us with many challenges. Increasingly we will be required to provide sedation for patients who have challenging morbidities; dementia, diabetes, obesity. The need to give clear information to patients is paramount, and increasingly scrutinised. The quest for a ‘perfect smile’ may encourage more patients to consider implants, and the applications of CBT are only just beginning to be appreciated. All will be discussed at this year’s SAAD Symposium.

Kate Rivett on communications with patients and patient information
Lucy Wray discussing the management of diabetic patients for sedation in primary care
David Craig talking about airway assessment for conscious sedation
Jen Hare and Bryan Kerr with an update on their virtual reality research
Vikram Kavi talking about developing sedation services for implantology in primary care
Fiona Noble and Jen Kirby on the Sheffield CBT system for Adolescents
Marguerite Reith talking about dental sedation in the Royal Air Force in its centenary year
Bradford District Care NHS Foundation Trust Community Dental Service Representatives on developing a referral pathway for anxious patients

The symposium fulfils the GDC’s development outcomes for A, B, and D; effective communication, effective teamwork, development and maintenance of skills in treating anxious patients and the maintenance of behaviours and attitudes, putting patients interests first. RCoA CPD approval is applied for. The programme will be available shortly on the SAAD website where the online registration is already open.

We look forward to seeing many of you there - here's to the future!

Online registration is open at www.saad.org.uk
How to contact SAAD

Course enquiries...
- Course registration, payments, deferrals & cancellations.
- Hygienist & therapist logbooks
- SAS and SASN schemes
  Fiona Trimingham
  fiona@saad.org.uk
  01302 846 149
- Course content and course weekend logistics
  Toni Richman
  toni@saad.org.uk
  07583 039 309 (text)
- SAAD Assessed Sedation Nurse (SASN) scheme
  Emma Lee
  emma@saad.org.uk

General enquiries...
info@saad.org.uk
01302 846 149

Executive Secretary & Website...
fiona@saad.org.uk
01302 846 149

Save the date...

SAAD Study Day
Sedation for Paediatric Dentistry

On Saturday 23rd March in London, SAAD will be hosting a Study Day for specialty registrars, trainers and interested dentists.

The fee for the day is £50 with a discounted rate for StRs of £24.

Sign up here for updates!
Enquiries to fiona@saad.org.uk

SAAD Essay Prizes
Three essay prizes are available annually

- Drummond-Jackson Essay Prize
  £500

- Dental Student Essay Prize
  £300

- DCP Essay Prize
  £300

Submission deadline
31 March 2019
www.saad.org.uk
The SAAD Digest is the Journal of the Society for the Advancement of Anaesthesia in Dentistry and has been published regularly since 1970. It has been produced in its current format since 2006 with one edition being published each year in January. Copies of all editions produced since then are available online.

The Digest has become a unique and invaluable international forum for all interested in advancement of knowledge in pain and anxiety control for dentistry.

**Current Issue**

SAAD Digest 2018 Vol 34

**Submission Deadlines**

The submission deadline for consideration for publication in the January 2019 Digest is 31st July 2018.

**Guidelines for Authors**

The Editorial Board invites contributions from all active in the field. If you intend to submit a paper or article for consideration for the SAAD Digest please ensure that you have read and abided by the Guidelines for Authors. Papers that do not comply will, unfortunately, have to be returned for revision.

**Electronic SAAD Digest**

If you would prefer to receive an electronic version of the SAAD Digest rather than the printed copy, and save a few trees into the bargain, please contact Fiona. As soon as the Digest is available you will receive a link to view or download the electronic version.

**Online CPD**

Verifiable sedation eCPD based on the refereed papers in the current edition of the SAAD Digest is available from the SAAD website. Access to the MCQs is complimentary for SAAD members. Online CPD.

**Previous Editions**

All editions since 2006 are available from the SAAD website, or via the links below.

SAAD Digest 2006 Vol 22
SAAD Digest 2007 Vol 23
SAAD Digest 2008 Vol 24
SAAD Digest 2009 Vol 25
SAAD Digest 2010 Vol 26
SAAD Digest 2011 Vol 27
SAAD Digest 2012 Vol 28
SAAD Digest 2013 Vol 29
SAAD Digest 2014 Vol 30
SAAD Digest 2015 Vol 31
SAAD Digest 2016 Vol 32
SAAD Digest 2017 Vol 33
SAAD Digest 2018 Vol 34
SAAD is a dynamic society, and there are many benefits of membership.

- SAAD Digest
- National Course in Conscious Sedation for Dentistry
- Annual Symposium
- Online CPD
- Newsletters
- IHS Loan Scheme
- Membership Area of SAAD Website
- Access to the online Advert Board
- Experienced Advice and Support

SAAD is an active society, well respected in the world of sedation.

- Representation
- Practice Evaluation Scheme
- Research grants
- Essay Prizes

No other organisation offers such comprehensive activity in relation to pain and anxiety control in dentistry.

Further details of all of these benefits are available from the SAAD website www.saad.org.uk or fiona@saad.org.uk

JOIN SAAD HERE!
## Diary Scan

**Compiled by Dr C E Mercer**

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<thead>
<tr>
<th>Date</th>
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<th>Location</th>
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<tr>
<td><strong>September</strong></td>
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<tr>
<td>26-28</td>
<td>AAGBI Annual Congress</td>
<td>Dublin</td>
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<td><strong>October</strong></td>
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<td>5-7</td>
<td>IFDAS 15th International Congress</td>
<td>Nara, Japan</td>
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<td><strong>November</strong></td>
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<td>22-23</td>
<td>SIVA Annual Scientific Meeting</td>
<td>Manchester</td>
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<td><strong>December</strong></td>
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<td>7</td>
<td>BSDH BSDH Winter Conference</td>
<td>London</td>
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<td><strong>2019</strong></td>
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<td><strong>February</strong></td>
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<td>15-16</td>
<td>ADSA Las Vegas Meetings</td>
<td>Las Vegas</td>
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<td><strong>March</strong></td>
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<td>18</td>
<td>SEA (UK) Annual Scientific Meeting</td>
<td>Edinburgh</td>
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<td><strong>June</strong></td>
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If you would like to receive email notifications of new, and upcoming events...please join the emailing list!

The SAAD Digest is published annually in January, and the SAAD eNewsletter bi-annually in Spring and Autumn by SAAD (Society for the Advancement of Anaesthesia in Dentistry). SAAD Editorial Board, 21 Portland Place, London, W1B 1PY 01302 846149 fiona@saad.org.uk

**SAAD: dedicated to the advancement of knowledge in pain and anxiety control for dentistry**