Whilst it cannot have escaped the notice of our membership and other interested parties that the Society has reached a strategic landmark in entering its Diamond Jubilee Year, it is incumbent on me to allude to this special anniversary in this newsletter.

The world has changed immeasurably in so many ways since that first SAAD meeting on 15th August 1957, as has the world of dentistry along with it. The profession has witnessed advancements in the management of pain and anxiety in dentistry over the intervening years, with great changes to the regulatory framework in which we provide our pharmacological management of patients, as well as the evolution of the behavioural management techniques now used.

The Diamond Jubilee logo used this year with the statement 'Celebrating sixty years of dedication to the advancement of knowledge in pain and anxiety control for dentistry' sits very comfortably with the Society's original motto of 'Dolore Vincto Timore Victo' (loosely translated as 'abolish pain to conquer fear').

I pay tribute to those who were responsible for organising this Society in its earliest days, as well as those who have had the drive, enthusiasm and commitment to sustain it through the years since, passing to us the legacy of the highly regarded and influential Specialist Society to which we all belong today.

It is a great honour to be President during this anniversary year, and to articulate our pride in the achievements of the Society over the last 60 years, the responsibility for which belong to so many different individuals. To quote Winston Churchill: 'I am not the lion, but it has fallen to me to give the lion's roar'.

I hope that members liked the celebratory pin badges which were posted out with the distinctively covered SAAD Digest recently, and also hope that you have been able to complete the SAAD Diamond Jubilee Survey sent online to express your views on the future direction of travel of the Society.

On 25th March a ‘full house’ approaching 200 delegates enjoyed an innovative programme, organised by Dr Carole Boyle, SAAD’s Assistant Course Director, at a joint SAAD/ BSDH meeting at Guy’s Hospital, on the subject of General Anaesthesia in Special Care Dentistry. If one were needed, it was an appropriate reminder of the continuing importance of general anesthetic services for certain groups of patients, for whom conscious sedation services, however expertly provided, cannot facilitate the operative dentistry required by the patient.

We look forward to the publication of the updated SDCEP (Scottish Dental Clinical Effectiveness Programme) 'Conscious Sedation in Dentistry' Dental Clinical Guidance, which should be published soon. I do not intend, at this stage, to make comment about the content of the

Save the date….
Saturday 23 September 2017
SAAD Diamond Jubilee: a Strong Foundation for a Bright Future
SAAD Annual Symposium & AGM
Details will be posted at www.saad.org.uk
Online registration is open!

Francis Collier
President of SAAD
new Guidance prior to publication. This Guidance has been updated within the overtly political atmosphere which emerged since the publication of the IACSD (Intercollegiate Advisory Committee for Sedation in Dentistry ‘Standards for Conscious Sedation in the Provision of Dental Care’) report in 2015. However, the two SAAD Board members (Paul Howlett and myself) who have served on the Guidance Development Group of the SDCEP would like to pay tribute to the very professional and efficient manner in which the SDCEP updating process has been conducted, together with the effective chairmanship of Professor Vince Bissell.

I have been approached by a good number of colleagues who provide inhalation sedation only, and they ask, is it right that we have to comply with the same IACSD standards in terms of CPD requirements etc. as colleagues who provide intravenous sedation? The answer has to be in the affirmative, and if you are practising any technique designated as conscious sedation, the standards apply universally. To paraphrase that popular sound bite from Theresa May after the 24th June 2016 referendum ‘conscious sedation means conscious sedation’.

As ever, I would wish to pay tribute to SAAD Board, Training Board, Editorial Board and Teaching Faculty members for their enduring efforts in maintaining and expanding the activities of the Society. I also very much appreciate the support I receive from Fiona Trimingham, our Executive Secretary, without whom many of us would find our workload much more arduous.

It is a great pleasure to announce the recent birth of a son to our Board member Dr Yi Kwan Loo and her husband Matt, to whom we extend our warmest good wishes.

Do enjoy this Newsletter, and don’t forget to take advantage of the online CPD available which relates to articles in SAAD Digest. Please do remember the SAAD Symposium on September 23rd 2017 at the Royal Society of Medicine in London, for which you may register online just now.

SAAD Notice Board

SAAD Courses
National Course in Conscious Sedation for Dentists, Dental Nurses, Hygienists and Therapists.

SAAD has been running courses for over forty years. The courses are hugely successful due to the combination of skills and knowledge of a faculty of medical and dental disciplines. Above all SAAD teaches safe and sensible procedures based on science independent of the emotional politics so often associated with these subjects. SAAD courses are practical, rewarding, and fun! Online registration

Course dates:
4 & 5 November 2017
3 & 4 March 2018
16 & 17 June 2018
3 & 4 November 2018

SAAD Training Schemes
The IACSD accredited SAAD Assessed training schemes provide the knowledge and skills training followed by supervised clinical practice with a nominated clinical supervisor. There are schemes available for dentists (SAS scheme), dental nurses (SASN scheme) and dental therapists and hygienists (SAST/H scheme). Further details on page 5 and on the SAAD website via the links above.

Online CPD
Verifiable sedation CPD is available online from the SAAD website. This is complimentary to members and costs £10 for non members. Simply log on as a member, answer the multiple choice questions relating to the latest volume of the Digest and download your certificate!

RA Machine Loan Scheme
A scheme for practitioners to trial inhalational sedation in the practice setting is facilitated by SAAD. A six-month loan of an inhalational sedation machine is available, at no charge, to members who have attended a recent SAAD Course. There will be the option to purchase at a discounted rate at the end of the trial. Further details.

SAAD Essay Prizes
SAAD awards several prizes for essays on any subject related to Conscious Sedation, Anxiety Control, General Anaesthesia or Analgesia in dentistry.
- Dental Students - £300
- DCPs - £300
- Drummond-Jackson Prize - £500
Closing date for submissions is 31 March 2018. Further details.

Research Grants
Grants are available to aid research in pain and anxiety control in dentistry. Further details.

Online Advert Board
SAAD members are able to post adverts relating to sedation on the SAAD website free of charge. Adverts for situations vacant, equipment etc will be acceptable. Either log on and place the advert or contact Fiona.

SAAD Safe Sedation Practice Scheme
Have your Practice evaluated in accordance with the SAAD Safe Sedation Practice Scheme: A Quality Assurance Programme for implementing National Standards in Conscious Sedation for Dentistry in the UK. For further details or to arrange an evaluation please contact fiona@saad.org.uk.
The SAAD Diamond Jubilee is not only a time to celebrate the achievements of the last 60 years but also a time to consider the future. We invite all SAAD members to complete the Diamond Jubilee survey to let us know what it is you think SAAD does well, or where we need to improve, and what we should be looking to achieve in the future.

Please take a moment to complete the survey by clicking on the link button below.

The first SAAD Assessed Sedation Nurse!

Congratulations are due to Joanne Byrne, pictured here with Emma Lee (left) and Carole Boyle (right) on becoming the first SAAD Assessed Sedation Nurse. Joanne attended the SAAD National Course in November last year, she went on to complete her supervised clinical practice and passed the final written and practical assessment in March.

Well done Joanne!

Social Media
Facebook & Twitter

Did you know that SAAD has a Facebook page and Twitter feed?

Please ‘like’ us at facebook.com/SAADDental

Find us on Facebook

Please ‘follow’ SAAD at #saaduk

Coming soon!
FAQs on the SAAD website

There is a wealth of experience on the SAAD Board and this is available to SAAD members should they need advice and support on any matter relating to conscious sedation.

Look out for the new FAQs section on the SAAD website.

New arrival!

We had some wonderful news at SAAD this month, with the arrival of SAAD Trustee Yi Kwan Loo’s baby, Benjamin. Best wishes to Yi and her husband Matt, and a warm welcome to Benjamin.
News from the IACSD

Sedation Training Accreditation Committee (STAC)

David Craig

The Intercollegiate Advisory Committee for Sedation in Dentistry (IACSD), the Deans of the UK Dental Faculties of the Royal Colleges of Surgeons, the President of the Royal College of Anaesthetists and CDO England have approved a proposal to replace the existing IACSD Accreditation Sub-Committee (ASC) with a committee to be known as the Sedation Training Accreditation Committee (STAC).

STAC will be administered by the UK Dental Faculties from the Faculty of Dental Surgery of the Royal College of Surgeons of England (FDSRCSEng). STAC will comprise a Chair, a Deputy Chair, a Panel of Assessors and an Administrator. The first Chair of STAC will be David Craig, a current member of the IACSD ASC and SAAD Course Director. The Panel of Assessors will include dentists, doctors and DCPs with appropriate knowledge and direct clinical experience of conscious sedation for dentistry and the assessment and quality assurance of education and training programmes. All current members of the IACSD ASC have been invited to join STAC.

The STAC Administrator will be appointed by FDSRCSEng and his/her duties agreed with Chair of STAC.

STAC will report to IACSD and, through the Dean of the FDSRCSEng, to the Joint Meeting of Dental Faculties (JMDF). STAC will adopt the current IACSD ASC accreditation database held by FDSRCSEng and assume the existing roles and responsibilities of the IACSD ASC on 8 June 2017.

Summary of STAC roles and responsibilities

Accreditation of non-university, non-HEE (Deanery) training programmes (and clinical supervisors) for ‘New Starters’ in England, Scotland, Wales and Northern Ireland. Accreditation will be based on evidence of compliance with the IACSD Standards.

Publication of an electronic list of sedation training programmes accredited by STAC and also UK universities and HEE. This will assist dentists and NHS England Commissioners.

Publication of a list of trained sedation providers. This will assist NHS England Commissioners and patient groups. (This list is likely to take some time to develop).

Provision of training and advice for potential sedation trainers and clinical supervisors. Co-operation with the Faculty of Dental Trainers at RCSEd will be sought.

Liaison with training providers, NHS England Commissioners and others to predict and plan for future training needs in conscious sedation.

STAC will be subject to FDSRCSEng quality assurance procedures. This will benefit NHS England Commissioners, providers, performers and patients.

A small fee to cover the administrative costs of course accreditation will be agreed with FDSRCSEng. The continued use of electronic application forms and e-mail communication will minimise costs.

STAC will not undertake the inspection of sedation practices. This is the responsibility of CQC and other competent groups.

More detailed information is available in the document ‘Commissioning Dental Services: Service Standards for Conscious Sedation in a Primary Care Setting’ to be published by NHS England in June 2017.

How to contact SAAD

General enquiries info@saad.org.uk 020 7631 8893

Executive Secretary & Website (Fiona Trimingham) fiona@saad.org.uk 01302 846 149

Course enquiries…

Fiona Trimingham fiona@saad.org.uk 01302 846 149
Course payment, deferrals & cancellations
Hygienist & therapist logbooks
SAS scheme, SASN scheme logistics

Emma Lee emma@saad.org.uk
SAAD Assessed Sedation Nurse scheme and Dental Nurse qualifications

Toni Richman toni@saad.org.uk 07583 039 309 (text)
Course content and logistics (contact for the course weekends)
From New Starter to Competent Sedationist? SAAD has the answer!

How many times have you been asked after being observed by a colleague or a new dental nurse “How can I get involved in doing sedation?” In the past the response to this might have been to undergo some in-house training, shadow a more experienced colleague or maybe go on a local course. However, since the publication of the IACSD Standards for Conscious Sedation in the Provision of Dental Care in April 2015 there has been a clear mandate for dental professionals new to the practice of conscious sedation to complete a validated training programme prior to independent clinical practice.

This creates opportunities for young dentists and dental nurses, as the numbers of courses accredited by IACSD continues to grow, in addition to the variety of courses run by recognised education providers e.g. UK universities, Health Education England, NHS Education for Scotland, the Wales Deanery and the Northern Ireland Medical and Dental Training Agency.

Courses need to ensure that delegates are provided with the necessary knowledge, skills and experience to be deemed competent in their chosen sedation technique(s) as described in the IACSD standards. Whilst currently it could be considered more difficult for ‘new starters’ to access training in dental sedation, it does provide an amazing opportunity for our profession to ensure that those team members starting out receive the best possible training to facilitate high quality, safe and predictable patient care.

SAAD has always been at the forefront of dental sedation training in the UK providing hugely popular training courses for dentists, dental therapists and hygienists and dental nurses. As well as being used as update courses for existing sedation team members, these courses have been viewed as an ideal way to obtain the necessary theoretical training for would-be sedationists and dental nurses wishing to assist in dental sedation. Delegates have always been encouraged subsequently to complete a series of mentored cases to gain clinical hands-on experience prior to independent practice, but this has not been as a formal arrangement.

The newly launched SAAD Assessed Sedationist (SAS) and SAAD Assessed Sedation Nurse (SASN) schemes are designed to provide the complete package for new starters in dental sedation, delivering the necessary knowledge, skills and experience within one training pathway. The new schemes, along with the SAAD Inhalation Sedation Course for Dental Hygienists and Therapists, have been accredited by IACSD and meet the requirements for independent practice in dental sedation.

The high quality didactic teaching, experienced course tutors and relevant hands-on stations which have always been the unique selling points of SAAD courses remain an integral part of the new schemes, but this is combined with a robust and effective clinical supervision element, which delegates can undertake with a clinical supervisor of their choosing, even in their own practice or setting.

This combination of excellent theoretical training and a well-designed clinical experience module, including workplace-based assessments, reflection and a practice evaluation really sets the SAAD schemes apart from the competition in giving the new sedationist or sedation nurse the best possible start on their journey in dental sedation.

Here’s what some of the delegates have said about the courses;

- Really enjoyed the course and the speakers were very informative. Excellent delivery.
- Having different speakers for different topics keeps you interested.
- Well organised, structured course with good balance of theory and practical.
- Approachable and knowledgeable tutors.
- The course content was very good and useful, and has given me more confidence in carrying out sedation.

If you have any questions or would like some more information about the SAS or SASN schemes please visit www.saad.org.uk or email Fiona.
To celebrate SAAD's Diamond Jubilee, the theme of this year's symposium, 'A Strong Foundation for a Bright Future' will reflect on the achievements of the last 60 years, the strong foundation; and look ahead to a bright future.

The programme will be available shortly on the SAAD website where the online registration is already open.

We look forward to seeing many of you there!
With the sun shining, we were all set for a bright study day at Guy’s Hospital, 178 delegates had been attracted and were to hear an array of speakers and to discuss GA for Special Care Dentistry.

Dr Rob Hale, Chair of BSDH Executive Committee, started the morning with a warm welcome to the second joint study day between SAAD and BSDH, with thanks offered to Dr Carole Boyle, Assistant Course Director of SAAD, for coordinating the day.

The first speaker, Dr David Craig, Course Director of SAAD, took the audience on a journey with his presentation “A History of Dental General Anaesthesia”, in which he started by describing his own experience as a patient (aged 5½!) having a GA in General Dental Practice. He then gave a brief history of GA, from 1771, with the identification of oxygen and nitrous oxide mixtures by Joseph Priestley, to 1910 with McKesson who first designed the apparatus to aid the delivery of anaesthesia. Other milestones were described including Drummond Jackson pioneering methohexitone in the 1960’s for dental ‘sedation’ and the later introduction of sevoflurane. David went on to describe his unique experiences of GA as a student at the University of Manchester the 1980s, where he had the opportunity to provide more than 150 GAs for exodontia, followed by a 6 month SHO post in dental anaesthetics which enabled him to become proficient in GA induction, intubation, monitoring, recovery and management of complications. He was one of approximately 80 dentists with such knowledge and skills at the time. He also spoke about some of the political changes that have taken place in the UK which have affected the provision of dental treatment under GA, including the Department of Health’s ‘A Conscious Decision’ which outlined concerns in relation to the safety of GA in dental practice, following 8 deaths between 1993 and 1999. This was backed by £20m funding to relocate GA from dental practice into the hospital setting with appropriate critical care facilities.

Continuing the theme of patient safety, Dr Sohini Sengupta, Consultant Anaesthetist at Guy’s Hospital, discussed the significance of anaesthetic pre-assessment and raised awareness of relevant guidelines by The Association of Anaesthetists of Great Britain & Ireland such as ‘Pre- Operative Assessment and Patient Preparation – The Role of the Anaesthetist’. This included considerations such as patient co-morbidities, optimisation of muscle relaxation. He discussed the pharmacology and pharmacokinetics of common drugs and the role of genetics to explain the difference in sensitivity between individuals to drugs, due to receptor structures. Methods of induction were discussed with the advantages and disadvantages of different routes.

The stages of GA were explained according to Guedel’s classification, and the maintenance of GA was described using volatile agents (preferred) and IV agents such as propofol (difficult to determine plasma concentration). The importance of airway management was highlighted, alongside the advantages and disadvantages of different approaches, to ensure patient safety.
medical conditions prior to anaesthesia and informed consent. The application of various assessment tools was discussed, including the American Society of Anesthesiologists Physical Status, POSSUM and Goldman indices. Sohini emphasised that dentistry is generally low risk surgery with a less than 1% risk of 30 day cerebrovascular death and myocardial infarction, according to the European Heart Journal. Emphasis was placed on airway assessment and the use of tools such as LEMON (Look, Evaluate, Mallampati, Obstruction, Neck) and the particular challenges in the provision of GA for patients with high Body Mass Index, including use of the STOPBANG tool for assessment of obstructive sleep apnoea. It was highlighted that BMI alone should not be the only parameter used to assess suitability for day case surgery.

During the break, delegates took the opportunity to gain hands-on experience of placing various airway devices and to learn basic techniques of airway management for the anaesthetised patient.

The afternoon was opened by taking a closer look at the specific challenges of dental treatment provision under GA.

Dr Bryan Kerr, Consultant in Special Care Dentistry at Guy's Hospital, explained the patient journey from referral to Consultant clinic assessment, led by the dental team, with any concerns either addressed through discussion with the anaesthetic team or by requesting the patient to attend the anaesthetic pre-assessment clinic. He also discussed the importance of managing both patient and carer expectations, particularly in the provision of advanced restorative care such as fixed prostheses.

Dr Emily Sherwin, Specialist in Special Care Dentistry at Guy's Hospital, discussed some of the practical aspects of working in a theatre environment. She placed particular focus on the WHO Surgical Safety Checklist, outlining the need for pre-anaesthetic sign in, time out before surgery begins and sign out at the end of the procedure, in order to minimise the risk of surgical morbidity and mortality. She also highlighted the importance of the need to have a plan and to work efficiently, selecting equipment and techniques to minimise operative time, including single stage etch and bond systems and buccal access for anterior composite placements. The controversial subject of body fluid exposure under GA and patient testing was also opened for debate.

The audience were then given insight into different established GA services from across the UK.
Dr Avril Macpherson, Consultant in Special Care Dentistry, University of Liverpool works in a unit providing up to 100 GAs per year for a variety of patients. She described some of the additional considerations that are made on an individual patient basis, such as pre-medication, clinical holding and introduced the audience to specialised equipment such as the ‘Hover Jack’, an air patient lift used to assist patients with mobility complexities or increased body mass index.

Dr Fatimah Al Sayer, Consultant in Special Care Dentistry at the Eastman Dental Hospital explained some of the particular complexities encountered in managing the medically complex patient, where arrangements are in place for joint admission under Oral & Maxillofacial Surgery should in-patient care be required. She described steps taken as reasonable adjustments, such as the need for EasyRead discharge information and patient feedback resources.

Dr Zahra Shehabi, Consultant in Special Care Dentistry at The Royal London Dental Hospital described her GA dental service which cares for approximately 80 patients per year, specific to those with challenging behaviour. Zahra described pre-operative preparation and pre-medication, with a particular emphasis on multi-disciplinary care, which involves sharing the GA session with other medical specialties, and utilises routine blood testing for this group as a holistic approach to their management.

Dr Abigail Heffernan, Consultant in Special Care Dentistry, Dundee Dental Hospital, was the first Specialty Trainee in Special Care Dentistry in Scotland. As such, she has had the challenge of developing her GA service which now operates once per month, to provide comprehensive dental care to a variety of patient groups. She highlighted the benefits of working closely with a clinical psychologist in the management of patients with dental anxiety and phobia alongside their treatment provision, in order to reduce the need for GA.

From Dundee, we moved across to Dr Chris Cunningham who described his GA service located in Edinburgh. He explained that due to the geography of the region, patients often have to travel many miles to receive care. He drew particularly on the need to liaise with supportive services, such as the learning disability liaison service that is able to support admissions for treatment through development of a personal care plan. He described some of the complexities of capacity assessment prior to treatment and the legal particularities in Scotland, based on the Adults with Incapacity Act. He also described the need to support patient communication through devices such as white boards and talking mats, which he emphasised through presenting some patient cases for whom he has cared.

We would like to thank Dr Carole Boyle and Fiona Trimingham for organising the meeting and look forward to the next SAAD Annual Symposium ‘A Strong Foundation for a Bright Future’ at the Royal Society of Medicine on Saturday 23rd September 2017.

Save the date….

Saturday
23 September 2017

A Strong Foundation for a Bright Future

SAAD Annual Symposium & AGM
The Royal Society of Medicine
1, Wimpole Street
London
Details will be posted at www.saad.org.uk
The SAAD Digest is the Journal of the Society for the Advancement of Anaesthesia in Dentistry and has been published regularly since 1970. It has been produced in its current format since 2006 with one edition being published each year in January. Copies of all editions produced since then are available online.

The Digest has become a unique and invaluable international forum for all interested in advancement of knowledge in pain and anxiety control for dentistry.

**Online CPD**

Verifiable sedation CPD based on the refereed papers in the 2015, 2016 and 2017 editions of the SAAD Digest is available from the SAAD website. Access to the MCQs is complimentary for SAAD members. [Online CPD](#).

**Previous Editions**

All editions since 2006 are available from the [SAAD website](#), or via the links below.

**Current Issue**

SAAD Digest 2017 Vol 33

**SAAD Digest Submission Deadlines**

The submission deadline for consideration for publication in the January 2018 Digest is **31st July 2017**.

**Guidelines for Authors**

The Editorial Board invites contributions from all active in the field. If you intend to submit a paper or article for consideration for the SAAD Digest please ensure that you have read and abided by the [Guidelines for Authors](#). Papers that do not comply will, unfortunately, have to be returned for revision.

**Electronic SAAD Digest**

If you would prefer to receive an electronic version of the SAAD Digest rather than the printed copy, and save a few trees into the bargain, please contact [Fiona](#). As soon as the Digest is available you will receive a link to view or download the electronic version.
Throughout its 60 years SAAD has been at the forefront of the postgraduate teaching of sedation and the representation of dentists who offer sedation for their patients. These activities are equally as important now, as they were then.

SAAD is a dynamic society, and there are many benefits of membership.

- SAAD Digest
- National Course in Conscious Sedation for Dentistry
- Annual Symposium
- Online CPD
- Newsletters
- RA Loan Scheme
- Membership Area of SAAD Website
- Access to the online Advert Board
- Experienced Advice and Support

No other organisation offers such comprehensive activity in relation to pain and anxiety control in dentistry.

Further details of all of these benefits are available from the SAAD website www.saad.org.uk or fiona@saad.org.uk

JOIN SAAD HERE!
### 2017

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| January | 10-12 | AAGBI                                  | London   |         |
|         |       | Winter Scientific Meeting              |          |         |

The SAAD Digest is published annually in January, and the SAAD eNewsletter bi-annually in Spring and Autumn by SAAD (Society for the Advancement of Anaesthesia in Dentistry). SAAD Editorial Board, 21 Portland Place, London, W1B 1PY 01302 846149 fiona@saad.org.uk

**SAAD: dedicated to the advancement of knowledge in pain and anxiety control for dentistry**