

Logbook of Clinical Experience in Conscious Sedation

Student Name

University attended as Undergraduate

Postgraduate Vocational Training

Postgraduate Hospital / Clinic

This Logbook of Clinical Experience **must** be used to record your experience in Conscious Sedation for Dentistry during the undergraduate programme in order to assess that you have fulfilled the requirements to be entered for the final BDS examinations. **On graduation you should take it with you to show prospective employers evidence of your experience.**

It is wise to retain your Logbook after graduation to add details of your postgraduate sedation experience. **Further Logbook pages are available from the DSTG website www.dstg.co.uk.**

You must record details of **ALL** cases that you see where Conscious Sedation techniques are used for pain and anxiety management in dentistry.

# Information for completion of log book

###### **Conscious Sedation Experience**

For **EVERY** case managed with any form of Conscious Sedation you must record whether you were involved as:

an Observer [**O**]

an Assistant [**A**]

the person providing the Sedation [**S**] **and/or**

the person carrying out the Dental Treatment [**D**] (i.e. **S or S/D**)

#### ASA Classification

|  |  |
| --- | --- |
| **I** | **Normal healthy patients** |
| **II** | **Patients with mild systemic disease** |
| **III** | **Patients with noticeable systemic disease that is limiting but not incapacitating** |
| **IV** | **Patient with an incapacitating disease that is a constant threat to life** |
| **V** | **Patient not expected to live more than 24 hours** |

#### Sedation Techniques

|  |  |
| --- | --- |
| IV | **Intravenous sedation** |
| **RA** | **Inhalation sedation** |
| **O** | **Oral sedation** |
| **TM** | **Transmucosal** |

#### Sedation Scoring

|  |  |
| --- | --- |
| **1** | **Fully awake and orientated** |
| **2** | **Drowsy** |
| **3** | **Eyes closed, responds promptly on verbal command** |
| **4** | **Eyes closed, rousable on mild physical stimulus** |
| **5** | **Eyes closed, unrousable on mild physical stimulus** |

**Assessment of Operating Conditions**

|  |  |  |
| --- | --- | --- |
| **1** | **Good** | **Patient fully cooperative with optimum degree of sedation** |
| **2** | **Fair** | **Minimal interference from patient due to over/under sedation** |
| **3** | **Poor** | **Operating difficult due to over/under sedation** |
| **4** | **Impossible** | **Action taken (e.g. GA)** |

**Recovery**

|  |  |
| --- | --- |
| **Normal** | **Within the timescale expected** |
| **Rapid** | **Sooner than normal – action taken** |
| **Prolonged** | **Longer than normal – action taken** |

**Record of Conscious Sedation**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Date | O,  A,  S,  or  S/D | Patient ID | Age  Gender  ASA | Sedation Technique  Drugs/Doses | Dental Treatment | Comments:  Sedation Scoring  Operating Conditions  Recovery | Supervisor Signature  Department |
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